## FoodSafety.gov

## Refrigerated Food and Power Outages: When to Save It and When to Throw It Out

| Type of Food   | Exposed to temperatures of 40°F (4°C) or above for more than 2 hours |  |
|--|--|--|
| Meat, poultry, seafood   |  |  |
| Raw or leftover cooked meat, poultry, fish, or seafood; soy meat substitutes   | Discard  |  |
| Thawing meat or poultry  | Discard  |  |
| Salads: Meat, tuna, shrimp, chicken, or egg<br>salad   | Discard  |  |
| Gravy, stuffing, broth   | Discard  |  |
| Lunchmeats, hot dogs, bacon, sausage, dried beef   | Discard  |  |
| Pizza with any topping   | Discard  |  |
| Canned hams labeled "Keep Refrigerated"  | Discard  |  |
| Canned meats and fish, opened  | Discard  |  |
| Casseroles, soups, stews   | Discard  |  |
| Cheese   |  |  |
| Soft cheeses: blue/bleu, Roquefort, Brie,<br>Camembert, cottage, cream, Edam, Monterey<br>Jack, ricotta, mozzarella, Muenster, Neufchatel,<br>queso blanco, queso fresco | Discard  |  |
| Hard cheeses: Cheddar, Colby, Swiss,<br>Parmesan, provolone, Romano  | Кеер   |  |
| Processed cheeses  | Кеер   |  |
| Shredded cheeses   | Discard  |  |
| Low-fat cheeses  | Discard  |  |
| Grated Parmesan, Romano, or combination (in can or jar)  | Кеер   |  |
| Dairy  |  |  |
| Milk, cream, sour cream, buttermilk, evaporated  | Discard  |  |

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|---|--|--|
| milk, yogurt, eggnog, soy milk  |  |  |
| Butter, margarine   | Кеер   |  |
| Baby formula, opened  | Discard  |  |
| Eggs  |  |  |
| Fresh shell eggs, eggs hard-cooked in shell, egg dishes, egg products | Discard  |  |
| Custards and puddings, quiche   | Discard  |  |
| Fruits  |  |  |
| Fresh fruits, cut   | Discard  |  |
| Fresh fruits, uncut   | Кеер   |  |
| Fruit juices, opened  | Кеер   |  |
| Canned fruits, opened   | Кеер   |  |
| Dried fruits, raisins, candied fruits, dates                          | Кеер   |  |
| Sliced or shredded coconut  | Discard  |  |
| Sauces, Spreads, Jams   |  |  |
| Opened mayonnaise, tartar sauce, horseradish                          | Discard<br>(if above 50°F (10°C) for more than 8 hrs)                |  |
| Peanut butter   | Кеер   |  |
| Jelly, relish, taco sauce, mustard, catsup, olives, pickles           | Кеер   |  |
| Worcestershire, soy, barbecue, hoisin sauces                          | Кеер   |  |
| Fish sauces, oyster sauce   | Discard  |  |
| Opened vinegar-based dressings  | Кеер   |  |
| Opened creamy-based dressings   | Discard  |  |
| Spaghetti sauce, opened   | Discard  |  |
| Bread, cakes, cookies, pasta, grains                                  |  |  |
| Bread, rolls, cakes, muffins, quick breads, tortillas                 | Кеер   |  |
| Refrigerator biscuits, rolls, cookie dough                            | Discard  |  |
| Cooked pasta, rice, potatoes  | Discard  |  |

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|--|--|--|
| Pasta salads with mayonnaise or vinaigrette  | Discard  |  |
| Fresh pasta  | Discard  |  |
| Cheesecake   | Discard  |  |
| Breakfast foods: waffles, pancakes, bagels   | Кеер   |  |
| Pies and pastry  |  |  |
| Cream filled pastries  | Discard  |  |
| Pies: Any with filling containing eggs or milk,<br>e.g., custard, cheese-filled, or chiffon; quiche. | Discard  |  |
| Fruit pies   | Кеер   |  |
| Vegetables   |  |  |
| Fresh vegetables, cut  | Discard  |  |
| Fresh vegetables, uncut  | Кеер   |  |
| Fresh mushrooms, herbs, spices   | Кеер   |  |
| Greens, pre-cut, pre-washed, packaged  | Discard  |  |
| Vegetables, cooked   | Discard  |  |
| Tofu, cooked   | Discard  |  |
| Vegetable juice, opened  | Discard  |  |
| Baked potatoes   | Discard  |  |
| Commercial garlic in oil   | Discard  |  |
| Potato salad   | Discard  |  |
| Casseroles, soups, stews   | Discard  |  |

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